



Colour Mirrors Bottle Messages

Oil Bottles: 1-36

Chakra Bottles: C1-C15

Gaia Bottles: G1-G33

Essential Oils 1 to 36



1. The Sun – I Am (Yellow/Yellow)

The first bottle vibrates to the energy of the sun – the light source and the life force of our world. It also resonates with the energy centre at the centre of our being, the solar plexus. This first bottle is an acknowledgement of our “I Am”ness - that feeling of total connectedness with our highest aspect. This is true power in the sense that there is an acknowledgement of oneness and the energy of the Divine in all of creation. Yellow is the colour of joy, intellect, brightness and light. This bottle will clear confusion and fear and bring back the joy. It has been found to lighten the mood of people with SAD or depression. Colour Mirrors system as a whole reflects our Ascension journey and as Ascension is a by-product of joy, it seems perfect to begin the system with a bottle which reflects that.



2. The Moon – I Feel (Pale Blue/Royal Blue)

This bottle relates to the energy of the moon, tides, seasons and cycles of existence. It corresponds to the throat, choice and taking responsibility for your word. This bottle is helpful for difficulties with communication and making yourself heard. Blue is the colour of peace, protection and connection with the Angelic realms. When you choose these colours you are asked to feel this blue cloak of protection enfolding you and to know that you are looked after. So far very few of your fears have manifested so begin to have faith that what has kept you safe up to now will continue to do so. Blue guides you to a place of trust where you begin to see all of life as part of the Oneness and that there really is nothing and no one to fear.



3. Jupiter (Coral/Coral)

Huge, expansive and powerful. This bottle resonates with the new Christ Ray. The colours indicate love (pink) and wisdom (yellow) to make the coral. It is a colour that indicates a move away from old patterns of giving power away and to reclaiming who you are and what you're for fearlessly. This is a time of finally standing up and saying: “This is who I am on the planet”. When we are able to do that with conviction the universe will support us with its blessings and Jupiter's beneficence will be felt in our lives. This could be a time of great blessings when we unconditionally accept ourselves with love and compassion.



4. Uranus (Yellow/Deep Turquoise)

This planet signifies change and disruption of the old order. It is time to clear everything that no longer serves you. This is your time to let go of old beliefs, structures, people and places that are not in alignment with your truth. This is the planet of the future and is about clearing everything that will not fit into the golden age of Aquarius. Expect the unexpected.



5. Mercury (Green/Pale Green)

Mercurial, quick-minded, with a sense of feeling that is quicker than logic, this bottle relates to Gemini – movement, communication and versatility. Begin to be the magician and be aware that the old pattern of being the trickster no longer serves you. All has to be upfront and clear in your dealings. The number five is about dealing with issues of discipline and freedom. These colours signify change and new beginnings and are about letting go of all the masks. Everything that you have used to hide behind has to be removed. The truth about your magnificence has to be told clearly and if any part of you still wants to hide, it will make life quite difficult. The answer to the dilemma that these colours present is to be constantly aware of what makes you feel small and to change that. This is your time. You can only be free by being honest with yourself.



6. Venus (Pink/Pink)

Venus relates to love, harmony and joy in relationships. She is feminine and brings love into our lives when we learn that love from the outside comes when we reach a place of deep self-acceptance. Pink is the colour of unconditional love and tells us that the more we are able to love ourselves, the more abundant our lives will be. A feeling of “not enough” inside will always lead to a reality reflection of “not enough” outside. This is also the colour we relate to the feminine side and mothering. Maybe now is the time to treat yourself to some of your own nurturing energy.



7. Neptune (Turquoise/Deep Turquoise)

Neptune was the Roman god of the sea and rules mystery, spirituality and the depths of the unconscious. Turquoise relates to mystery, illusion, miracles and faith. If this is your colour, you are always able to hear others troubles and are a great peace-bringer to those suffering difficulties. Clairvoyant and intuitive, it is not easy for you to share your secrets with others so you tend to carry your burdens alone. This is a time to trust that miracles can happen and that you are on the brink of something wonderful. Trust the process – it works.



8. Saturn (Pale Violet/Deep Violet)

Saturn is old father time, stern and fair. He relates to destiny and what we have set up that is not negotiable. Time passes and we cannot stop its progress. Saturn brings gifts when we stop judging ourselves. When we understand that no one judges us but that we are in a process of balancing, Saturn will bring us great gifts in terms of wisdom and a deeper understanding of our greater selves. We just have to overcome the feeling of restriction and burden and look deeper for the gifts. Persistence is one of Saturn's gifts. This is not a time to rush things. Saturn insists that the new will be built on a solid foundation.



9. Mars (Red/Orange)

Powerful and warlike, Mars is the source of our fire energy. Use it wisely to change what needs changing rather than just being angry and frustrated. These colours urge you not to spend your life being meek and angry. Say what needs saying rather than holding grudges that endlessly play in your head as “I should have said”. Mars is a powerful ally when things need to be set in motion. Now is the moment for drastic action. This bottle will energise you so you can do and say what needs doing and saying.



10. Wheel of Fortune (Gold / Olive)

This number relates to Isis, the goddess who gave birth to the sun. The wheel has turned and now it is time for the wisdom, to which gold relates, to be in our conscious minds so that we might activate the feminine power within – the power and the light. Olive is the green of the heart mixed with the gold in the solar plexus – our power centre. When power connects to love it can never be abused and it will always be a soft, feminine power. This bottle relates to an Egyptian lifetime and asks you to remember who you were at that time. This power can be reactivated for you now as you stand before great changes in your life. You can do it. You have everything you need to make it work. Trust your heart.



11. Duality (Deep Magenta/Clear)

A lack of unity and difficulty in making decisions as the two ones oppose. This is a master number and the hidden message is that it is our last look at issues of separation (think of the twin towers on 11th September). A difficult life path as we struggle to bring together the light and the dark. Look deeper. The dark is deep magenta, the colour related to Divine love and healing. Hidden in these colours are the answers to all issues of separation. This is where we finally let go of judgment of God who got us into the mess in the first place. When we get to the level of mastery that sees only perfection in the imperfection of our lives, the realisation comes that it was always perfect anyway and then we can fully step into the gift of being divinely loved.



12. Heaven on Earth (Violet/Red)

In the Tarot number 12 is the Hangman which is a man hanging upside down but with this bottle we have the colours the right way up. We have the violet above the red and so heaven above earth. We also have the crown above the base, implying that everything in between those two is also in its proper place. And yet with this bottle we are asked to look at what we believe about our world that is not perfect. This bottle helps us clear all our beliefs about where the world has not lived up to our expectations of perfection. It provides us with the opportunity to look at what we are still judging as not heaven and therefore not of God. Where are we not perfect and where is the world not perfect? What is keeping us from living in heaven on earth? Use this bottle and let it show you what your core belief is that is keeping you from living a perfect life.



13. Transformation - Pluto (Dark Violet / Pale Violet)

The number 13 relates to Scorpio which is the sign of death and regeneration. This bottle is about being able to go through the dark night of the soul and come out stronger. Rebirth. It relates to the scorpion, the lizard, the phoenix. These colours signify the releasing of grief so that it might be used as service to the world. Stand up and let the world see the new you.



14. Movement (Pale Turquoise/Pale Turquoise)

The number 14 is ruled by Mercury - communication and movement. This bottle is about magnetic communication with the public and relates to the media, publishing, television and the internet. The unexpected can happen at any moment. Travel is in the air; good fortune is yours. Soon you will find the sanctuary your spirit calls for.



15. Magician (Olive/Olive)

This bottle is about magic based on feminine power and hope for the future. Olive is made up of yellow and green, where green is the heart and yellow is the solar plexus and this bottle combines them as love and power. The magician is the bringer of heaven to earth because he has owned his power to co-create. This is the pot of gold at the end of the rainbow. 15 reduces to 6 and relates to the planet Venus which is love and magic. All you have to remember is to include others in your magic and to make sure you create for the good of the greater whole.



16. The Tower (Olive/Lilac)

The image of the Tarot card is of a tower struck by lightning and a body falling which is the exact image we saw on September 11, 2001. The meaning of the card and bottle is therefore very closely linked to what it is we are living through at the moment. We all seem to be on the path of the tower in some way or another. In our own situation it is the explosion of the structures we hold onto because we believe them to be our comfort zones even though they are no longer serving us. The colours, lilac and olive green, are a clear indication of this vibration – it is your spirit (lilac) that needs you to move for your greater good so that you might begin to function with love (green) rather than from fear (yellow). This says that your spirit will never let you down. You are now being taken seriously as a spiritual being having a human experience and wherever change takes you it will always be perfect.



17. The Wish (Coral/Royal Blue)

This bottle relates to the star card in the Tarot which has always been the wish card. When you choose these colours you have somehow come to a place of grace and at this point you can wish with the full knowledge that your wishes will be fulfilled. This is a time for positive payback – all the good you have done is about to be returned tenfold. This bottle is always an indication of a change of status – a new way of describing yourself ie. marriage, a new career, huge new possibilities.



18. Spiritual/Material Conflict (Red/Rose Pink)

This is a difficult vibration because it denotes confusion and a struggle. One often feels betrayed when this number comes up. Notice what blocks you from bringing heaven to earth and notice where you still betray yourself by not believing that you are the “I AM”. These colours are all about bringing heaven to earth, the earth being the red, the lowest vibration where we hold onto what is REAL. Your health, money and relationships are all the real things in your life. This is the last bit of illusion that needs to be overcome so that you might see them as part of your spiritual journey and the way back to the Allness. This bottle indicates a lifetime as a nun or monk.



19. Buddhist Bliss (Pale Magenta/Pale Gold)

Resurrection and new beginnings. This is a most positive colour combination as the magenta denotes Divine love lit up and shining upon you and the pale gold underneath denotes a deep sense of your own power and beauty. You have come through the dark night of the soul and now it is time to own heaven’s blessings of joy and love. You are the power in your life and everyone would agree with you at this point. Enjoy this time of peace and plenty.



20. Awakening (Magenta/Copper)

The awakening is the soul awakening to its true self and understanding the essential truth that there is no separation. These colours say that we never left home in the first place. As we realise that the Creator is in everything we begin to understand that where we are in this moment is where heaven is. We are the Creator in a physical form and the copper connected to the magenta is where we begin to understand that we are bodies as souls – of heaven and of earth. There is no separation and our physical forms are the link between heaven and earth. Souls and bodies are as one and we awaken when we see that truth clearly. What seems furthest removed from spirit becomes God’s perfection unfolding when we see it all as God, all perfect.



21. The Key (Gold/Yellow)

Traditionally at 21 you are given a key to the door. This is the end of a cycle and you have come of age. You are now fully responsible for what you create and how your life unfolds. You no longer doubt your ability and your courage has overcome many obstacles. You can look forward to worldly gains and peace in your heart.



22. Forgiveness (Deep Magenta/Pale Magenta)

This is a challenging number and relates to the Fool in the Tarot. The Fool has to start the journey again and again but in these colours lie the answers to the Fool's predicament. Magenta relates to Divine love; this is a time to let go and let God. Surrender to your own highest knowing and allow the perfection of what is unfolding. Keep your faith and your innocence and enter the Kingdom of Heaven with childlike awe. You are starting a new cycle and the more you let go of your fear and connect to Divine love, the easier the journey will be. These colours are strongly indicative of a healer's journey and ask us to finally forgive God and ourselves as part of God.



23. Initiation (Royal Blue/Royal Blue)

This colour indicates an initiation successfully completed. What was so difficult in this last cycle of events has now passed on and you can be at peace. Royal Blue relates to the third eye and with this colour you are told that your insight can be trusted and that it is safe to say what you see. It might be that you find it easier to write than to speak but it is necessary that your wisdom is shared. It is time to step out of the darkness and back into the light where all that you have learnt can be used to teach others.



24. Love, Money and Creativity (Pale Magenta/Pale Olive)

This is a time when it seems appropriate to look at the tapestry of your life and recognise that every stitch was perfect, the light ones and the dark ones. The design as woven by you as the creator was in fact a design so cosmically, profoundly perfect that it leaves you breathless. You have to now acknowledge that your conscious mind could not have worked out such a perfect design which always took you to the perfect place at the perfect time to get you to exactly this point in time, with all the gifts and understanding that you now have. Well done. You are the master weaver and your work is a work of art. Begin to acknowledge that the main part of the design was love. Where love shows in the design is where there is a glow to the design that attracts others. Look at how the threads of love were woven through the design and what an important part of the picture that is. Now is the time to own the blessings of love, money and creativity in your life and to own the gifts of the past that got you there. This is your heritage from past lifetimes. You have earned it all.



25. Trust (Turquoise/Yellow)

This is the time to move beyond judgment. Begin to see how the flow and your faith have always taken you exactly where you needed to be. Discrimination is seeing clearly and making decisions from a basis of strength. This is totally opposite to choosing from a fear-based judgment. You have been given the ability to analyse so that you might understand the differences between things without giving them a good or bad label. Use your intuition and trust that you will always be where you are the most useful and begin to trust and be at peace with life. At the deepest level learn to discriminate, analyse and then follow your bliss, which is the easiest way to be in the flow. This has all the potential for new planet living.



26. Partnerships (Magenta/Olive Green)

This number reduces to 8 and relates to Saturn. This is not an easy vibration and the main lesson is to stand on your own two feet. There is not the space for co-dependency. We are all God in a body, and we cannot be in a space where someone else does it for us. It is time to stand on your own and be counted otherwise you will have to face challenging situations relating to personal, business or financial situations. Clear any resentments and anger and learn the lessons of radical forgiveness. This is a time to forgive and love. The magenta in the top relates to Divine love and the olive to feminine leadership. These colours relate to our relationship with Father God and Mother Earth. As we make peace with the male and female energies within us, balance will follow in all our dealings. As we balance our own inner male and female we open to attract to us a partner who reflects that balance.



27. Harvest (Orange/Gold)

This bottle symbolises power and wholeness. It blesses the individual with courage and promises huge rewards gained through several lifetimes. As you have sown in the most positive sense you will now bring in the harvest. You and your higher self are becoming one and you are co-creating a magical reality. 27 reduces to 9 and relates to Mars. Use your power and energy wisely. Orange is the colour of bliss and enlightenment. This is your time.



28. New Beginnings (Yellow/Pale Turquoise)

This bottle more than any other is about a new beginning. These colours indicate that the door is finally opening in a very real, accessible way to the new age. This is the sun shining on Atlantis and as we recreate the joy we can recreate a golden age. This bottle also relates to the goddess Lakshmi who brings good fortune in her wake and whose message is to love your life right. You cannot fight or panic it into being better, you can only love it into joy. These colours bring trust and joy and a sense of fun, and as there is nothing more important than feeling joyous this bottle will help you create the reality that serves you best – so stop worrying. Everything is going to be fine.



29. **Grace Under Pressure (Deep Turquoise/Deep Magenta)**

This vibration carries the heaviest lessons of all. This is the path of the master. You will only do life in this way if you have chosen a path of accelerated healing and learning. This is the choice of the Olympic spiritual athlete. This path has been immeasurably difficult but the outcome will be as magnificent as the journey was hard. No one who is not very serious about their spiritual service and their journey towards the light will choose this path. You are back to help humanity to not make the same mistakes again. Clear the past, which is based on self-judgment, and release yourself. It is now time to turn the corner and stop the suffering and reap the rewards of this incredible journey. Your higher self and your angels know who you are and you are very loved and supported. Honour yourself for your choices. This has been the path of Job and you have had to lose everything to gain everything and more. Step into grace. All the debts are paid and you are free.



30. **Creativity (Deep Turquoise/Pale Turquoise)**

This bottle is related to writers and artists who need time by themselves to let their creativity grow. Give yourself the space to let your imagination grow so that you can manifest everything you can imagine. You are gifted in the arts and you are a wise counselor. Unfortunately, people often want too much from you, so make space for yourself. Learn to fill your own cup so that it might overflow into the world. Learn to set boundaries to your space and time and do something creative for you; that is how you feed your soul. Do not let yourself get over-stressed or you will be flirting with burnout.



31. **Hermit (Pale Green/Deep Green)**

This bottle relates to the hermit in the Tarot. It is about badly needing your own space and boundaries. You have learned the lesson and now you need time to integrate. It is also about being able to function at the deepest levels from the heart. It could be a love that was so deep it would always be unexpressed. It certainly indicates a level of caring that could manifest itself as a Mother Theresa lifetime, not in the sense of martyrdom but in the sense of being out in the world and able to make a difference. Green relates to the earth as well as to the human heart chakra. As we heal our heart we heal the earth. You have a deep connection to the earth and the devic realms. Everything you touch will grow. Learn to be at peace in your own space. No one has more than you. Let go of wanting to be in someone else's space.



32. Communication (Royal Blue/Olive Green)

Royal Blue is the colour of the third eye and is about the ability to communicate your vision. Your viewpoint is very valid at the moment and whatever it is you feel you need to express will be received. Your time of being seen and not heard is over and you can now speak your truth. You also seem to carry a blue cloak of protection at the moment and this is a time to manifest your plans. The olive green in the depths allows you to base your decisions on the feminine wisdom that you carry within. Everything you touch is turning out positively at this time.



33. Love and Magic (Pale Pink/Rose Pink)

Venus watches over this bottle and comes in bringing gifts of love, magic, money and creativity. 33 is a master number that carries the vibration of harmony, romance and success. This is a divinely blessed time for anyone who relates to these colours. Pink is the colour of unconditional love and self acceptance. Your ability to love yourself is your greatest gift or lesson. Everything we experience is only a reflection of what we believe we deserve. Change your mind about yourself and your whole reality will change. Love yourself and your whole universe will conspire to prove to you how right you are. In the pink you will find the road to tranquility and harmony in body, mind and soul.



34. The Whale (Pale Turquoise/Blue)

This bottle signifies that the difficulties are coming to an end. It is a fresh start and the birth of something new and precious. There may even be something of a surprise in store. The colours are about a shift in consciousness where you are asked to trust finally and with complete faith that you are on purpose, in line with the greater will and perfectly on track. It is time to take stock of the past and only take with you that which will serve you in the future. There is no time for blaming or resenting. This is the new and soon, as you open to gratitude, you will tap into the information that this bottle holds which is the wisdom of everything that exists. This bottle will serve to open the high heart centre where we are all connected to the information of everything that is. The turquoise is faith and blue is peace and in there you can find all the answers to follow your true calling with ease and grace. At the time this bottle was created Melissie saw a baby whale being born so close to her that she could touch it. Built into this bottle is the connection to the records that the whales have kept since time began.



35. The Inner Guide (Blue-Lilac/Green)

This bottle brings peace into what we perceive as "our" space and ultimately creates peace on all levels. It also brings peace to what we communicate. It indicates issues with sibling rivalry and if there is no more sibling rivalry and we are peaceful in our space we have the potential for world peace. This bottle is called The Inner Guide as peace has always been the inner guidance of each human. If we stay still long enough we will hear the inner guidance that will lead us to peace on all levels.



36. The Gateway (Blue-Lilac/Blue-Lilac)

36 becomes 9 which is the number of completion. When a nine appears we are always asked to look at what is done in our lives and what can we move away from as a life-cycle is finished. This bottle indicates that we have come to the end of a cycle and have to take the step through the gateway into a new way of being and doing, a gateway which will take us through into a new landscape where all our old fears and negativities no longer exist. This pale blue-lilac colour will create a deep level of peace and reconnect us with our ability to speak our soul's truth. If we allow it, this will create the peace that surpasses all understanding. What that means is that we will be able to find that place within us that is peace and no matter what the chaos around us looks like we will know that as the illusion and not need to be part of it. Once we have stepped through the gateway the old world will never look the same again.

The Chakra Bottles



C1. Base Chakra (Coral/Red)

This bottle supports and helps unblock base chakra issues and balances our energies so that anger and frustration are calmed and issues to do with unrequited love and difficulty in relationships can be resolved. It works with survival issues and shifts feelings of being a victim and patterns of martyrdom. Red is often helpful to energise us when feeling tired.



C2. Sacral Chakra (Gold/Orange)

Beneficial for shock and trauma, loss of power and anywhere we are feeling abused. It can also help us to release issues we hold around sexuality. This bottle can help to clear away fear, confusion and emotional bewilderment and can be very calming after a shock.



C3. Solar Plexus (Olive Green/Yellow)

This bottle is beneficial if experiencing fear or confusion. Assists us in retrieving our personal power and may be supportive when we are feeling low.



C4. Heart Chakra (Turquoise/Green)

This bottle helps when suffering from heartache and relationship difficulties. Useful when you need to express your feelings and get in touch with your heart.



C5. Throat Chakra (Royal Blue/Blue)

This bottle relates to communication and trust. It is helpful for sleeping issues and stress, and supportive if you are experiencing nightmares. Beneficial for speaking up and being heard and useful when you are battling to say what you need to say. Acknowledge your psychic abilities and let the messages come through.



C6. Third Eye Chakra (Violet/Royal Blue)

This bottle is supportive in overcoming grief or the loss of someone close and is useful for relieving panic attacks. It helps you to open to higher mental powers and can assist you in reconnecting when you are having difficulty trusting your intuition. It opens the psychic gate and will assist you in connecting with the angelic realms.



C7. Crown Chakra (Magenta/Violet)

This bottle supports you in owning your power as a healer and activating your healing ability. It awakens in you the ability to accept Divine love and then channel that Divine love as healing. This bottle relates to a position of power in the Catholic Church in a past life.



C8. Higher Crown Chakra - The Bridge (Pink/Magenta)

This bottle deepens and strengthens your connection with your soul. It is helpful when experiencing existential grief and is also a powerful support for your inner child. It is beneficial for creating a loving space for a new soul and is about giving birth to something new, not necessarily a baby.



C9. Base Chakra – The Lightbody (Clear/Clear)

This bottle will support you in clearing survival issues. It also indicates a need to make a decision in your life. It asks you, as an infinite being, to take complete responsibility for the creation of your reality. The more you do so, the more choice you will experience and the more you will discover that life can be based on joy. If you have experienced struggle and suffering on this planet, allow it to bring you the clarity that this gave you the understanding and compassion not to judge your own or anyone else's journey. When we are free of judgement we are open to joy and it is joy that leads us to Ascension. This bottle lets your body understand that it is congealed light and that death and aging are just another set of beliefs that can be changed. Step into the light.



C10. Sacral Chakra - Suchness (Orange/Rose Pink)

The rose pink brings love into the issues of abuse to which the orange relates. It puts you in a state of alignment with your soul. Your soul never thought you were abused - it knew that you were in a process of learning and healing. This bottle supports creative ideas and opens you to bliss and enlightenment. Here is where you can finally be at peace with the suchness of life.



C11. Solar Plexus Chakra - Wisdom (Gold/Gold)

This bottle helps us step into our authentic power and wisdom and guides us toward a place beyond ego. It assists us in the activation of our "I AMness" and supports us in the integration of ourselves as Divine humans.



C12. Heart Chakra - Love (Lilac/Pink)

This is the spiritualisation of the heart and relates to Oneness and unconditional love. Now we can begin to be at one with all of humanity. This bottle may indicate the loss of a mother or deep transformation of mother issues.



C13. Throat Chakra – I Speak My Spirit (Blue Violet/Blue Violet)

This bottle is about the communication of our spirit and asks us to be aware of everything we say as we begin to manifest what we speak. As we open to our spirit we allow its light to communicate through us. This bottle connects us with our psychic and spiritual powers and helps us to open communication with Archangels and higher beings.



C14. Third Eye Chakra - Vision (Gold/Clear)

Here we open to the power of Divine thought rather than human thought. This is the mind's surrender to the Divine plan. This bottle brings light into the energy centre of the third eye, clearing away fear and bringing clarity and truth into what we see. It brings back the joy of seeing ahead into the Golden Age. Opens us to communication with masters and higher guides.



C15. Crown Chakra – Crystal Being (Clear/Lilac)

At this level of spiritual connection we are able to take instruction directly from our true Divine self (I AM). Here we have the clarity to be of service. This bottle supports a clear connection to spirit and helps in activating the crystal grid. It relates to the crystal children and crystal beings who have come to support the process of conscious evolution on earth.

Gaia Bottles



G1. Incarnating (Clear/Copper)

The message in this bottle is that you have easy access to the wisdom of the planet. Having come from a place of being bitterly unhappy on Earth you can now feel deeply connected to Gaia and life on the planet. This bottle assists with releasing unhappy past lives and coming to terms with incarnation.



G2. The Core (Copper/Copper)

This bottle is the real "Earth Mother", representing the grounded earthiness that loves to take care of others. If this is your bottle, one of your joys is to help others connect with the earth and develop their innate love for the planet. This bottle is good for the star-children who feel so disassociated with earth and the energies of the earth and helps to ground the computer babies. Excellent for focusing and grounding indigo children so that they might connect with their reason for being on the planet. This bottle is a great support for those who have experienced birth trauma.



G3. Return from Atlantis (Copper/Turquoise)

This person can connect with the information from Atlantis and present it in a grounded, easy to understand way. This bottle will help with healing all the trauma of the sinking of Atlantis and the abuse of power in that lifetime. It also helps heal past life trauma through a death by drowning. The gift in this bottle is that it connects the information from the dolphins and whales into the earth consciousness. It is also helpful for people who feel unsafe on planet earth. This bottle relates to the programming we received while in utero. If you are willing to let them go this bottle can support you in clearing out of your system your mother's thoughts and feelings about her pregnancy.



G4. Ancient Mother (Pink/Copper)

Mother of all, this bottle is supportive for those experiencing post partum depression as it helps us release issues with our physical mother and issues about being on earth and feeling unsupported by Gaia. Good for Gaia alienation. Helpful to connect with one's own mothering ability. Connects us with our inner child and assists us in healing old childhood issues. In the system this bottle is number 55, a master number, and looking at the colours we are again reminded of the teaching of Christ who was the master who brought love (pink) to earth (copper).



G5. Earth Wisdom (Gold/Copper)

This is a time for a power shift from the masculine to the feminine and for all beings it is time to let the feminine side feel powerful again. This will stop the abuse of power that we have experienced during a patriarchal rule. Claim your creativity and your ability to be God and stop playing God. Be everything you have come to be on this planet and claim it as your home. Find the golden wisdom in your connection with the earth and begin to live the golden age. It is here now.



G6. The Goddess Awakens (Copper/Olive)

The main message in this bottle is that the difficult times are over as we reconnect with our powerful inner female energy. Begin to feel the joy. This is such a powerfully female bottle as the olive relates to feminine power and the copper relates to Mother Earth. If we are able to access all of that we have the potential of creating a really wonderful reality on earth. This is a very new concept on a planet where most power has been expressed as a destructive force. This bottle is really the forerunner of the golden earth where all beings will be safely held in the love of Mother Earth.



G7. Gaia and The Elohim (Pale Copper/Clear)

This is where we start to live our spirituality on the planet, where being abundant and spiritual at one time no longer feels foreign. We are the vessel through which Gaia and the Elohim are able to communicate and holding these two energies will feel strange until we are used to it. This bottle will be chosen by people who have gone through enormous spiritual growth and who may have battled to remain grounded in the process. As we realise that the light of the Creator is within us we also begin to see that in all beings and in the earth. This is about claiming our deep connection to the earth and the love and light of the mother that has nurtured us up to this point when she is ready to ascend and in her ascension will take us with her.



G8. Illumination (Deep Magenta/Deep Magenta)

This bottle is the darkest of the entire range. It is called Illumination as it is only by going into the darkness and embracing it that we have the potential to step into the light. By embracing the shadow we release the judgement and the fear of the unspeakable that we all hold within our shadows and only by facing that can we get beyond it to a place where creation of our reality can take place. We create our reality all the time. Everything we have in our lives exists because we created it, albeit unconsciously.

G8 is there to help us go into that heart of darkness in our subconscious and begin to feel the warmth and depth and support that exist there. It is the seat of all potential. It is that moment when sleep finally overtakes us. The void. The place of dreams. This bottle helps us to clear our genetic lines and what we have inherited physically and karmically. The “sins” of the fathers can no longer be visited on the children once the past darkness has been illuminated. This is the bottle to use to clear issues with the physical body as it illuminates what we believe about our bodies and being physical. It is the ultimate support in helping us to create our reality. By focusing on what we desire to create and generate this bottle helps us clear unconscious blocks and bring clarity into what stops us from claiming our absolute magnificence.

Golden Gaias



G9. Faith (Turquoise/Pale Gold)

As we move from the darkness of G8 we suddenly get a new vision. At the end of the dark tunnel there is a light and this light is turquoise and gold and indicates our new state. We are now connected to our authentic golden Divine power through our turquoise faith. It is the faith that moved us through the dark tunnel back into the light. Without the faith we would not have survived the dark night of the soul – in fact we would not have needed to go into it. It was our faith that took us there, knowing that there was another level, closer to the Divine, closer to our Divine selves. The turquoise over gold reconnects us to the flow and the trust that everything is on track and part of the Divine plan. It takes us beyond trust and into the truth that we are Divine and that everything we have experienced was Divine and therefore perfect. This colour combination indicates the teacher of the ancient truths in a new way. We are connecting to the golden age and are able to access the information of the past in a new way. This is the beginning of the opening of the hall of records.



G10. Impeccability (Pale Gold/Blue-Lilac)

In the journey towards Ascension, this is where we connect with our impeccability. The blue-lilac says we speak our spirit and if that is what we are doing we have to be ever vigilant of our words. They have to be impeccable – we cannot use our words as weapons or instruments of manipulation. We have to speak with incredible integrity as we now know without a shadow of a doubt that everything we say will be made manifest. This bottle reconnects us to what we believe about the masculine side of the Creator and therefore the masculine side of ourselves as the Creator. It will bring incredible peace and put one into the silence and the stillness where the voice of inspiration within can be accessed.



G11. Generosity (Pale Coral/Pale Gold)

Coral is unconditional self acceptance – I am perfect as I am - and pale gold is our connection to our authentic Divine selves. This combination very powerfully reconnects us to who we really are, Divine creations – magnificent humans able to joyously dance our reality into being. If you are perfect and perfectly aligned with your Divine self you can create anything, therefore this bottle is all about harvest, abundance, love, joy and generosity. If you can finally see yourself as a part of the Divine's perfection there is nothing you do not deserve and you can therefore access and generously share all of it. The love that you hold for your precious self is so attractive that it can attract anything and anyone you focus on because you are in alignment with your Divine truth. This bottle holds the key to joyous co-creation with the universe.



G12. I Am (Pale Gold/Pale Gold)

This is the I Am. When you choose this bottle you are ready to release all the beliefs that still say “I am not”. When you choose this you are fully prepared to align with your Divine self and claim yourself as part of the Divine: the creator and I are one. The Divine is within and I am that. Our addictions are the things that keep us small and keep us feeling separate from our Divine self. This bottle will support us in letting go of fear and the separating influence of addiction. When we claim back our true authentic power, we can be free of the addictions and be fearlessly, powerfully Divine.



G13. Grace (Pale Gold/Pale Pink)

This delicate colour combination is there to remind us again that only love exists and that everything we have experienced was chosen by us as an expression of Divine love. Here we step into grace and forgive ourselves. We were never guilty, we were Divine expressions experiencing and nothing was ever not part of the plan. These colours indicate a rebirth but this time without the trauma of death. We gently rebirth into our true selves and remember that the Divine is love and that we are that too and the true power that creates everything is love, love, love. This is the female face of divinity and it is beautiful and so are you. While using this bottle it will serve you to take time every day to remember something fabulous about you and if you write it down you will just make it that much more real. Take time to honour your female creative intuitive vision.



G14. Ascension Light (Pale Gold/Clear)

This bottle is about the intensification of the light in you and in everything. With these colours you can also shine this brightly. The light is crystal clear and this clarity will attract all the new crystalline beings that are incarnating now. They are here to show us how Ascension works. Ascension happens when we remember that we are a light body, that we are Divine light in physical form and that the density we perceive in our reality is the illusion. This bottle will shine its light on everything that is illusionary and when the light is shone on the illusion it instantly dissipates. What we are then left with is the light of truth that is beyond illusion.



G15. Satori (Solid Gold/Magenta)

This bottle makes our connection with our Divine selves a solid reality. It no longer floats above us as a thought or a wish. It settles the truth into our cells that we are Divine and that we are living heaven on earth in this moment. This is the moment when we remember that we never left home in the first place and that heaven is where we are and that everything we see is Divine. It was never not that. This is the state of Satori.

Platinum Gaias



G16. Serenity (Pale Coral/Platinum)

In these colours we find a perfect balance between enlightened masculine and Divine feminine. Serenity comes from that balance of the two sides of ourselves but it also comes from the balance between our platinum angelic self and our coral human self. Even our magical inner star-child can play in these colours. Here we can surrender into the knowledge that finally we are whole and with that comes unconditional self-acceptance and sublime serenity.



G17. Elohim (Platinum/Pale Gold)

Elohim is truth beyond any doubt that all is perfect. It is trust enlightened into the knowing that when judgement no longer exists, nothing negative needs to exist as no one needs to learn anything. If we can be impeccable we can claim the perfection of everything and step fully into our connection with the Elohim and everything else. The gold we are within is an absolute fact. We are that. We've got it in the depth of ourselves and we can now communicate it absolutely and consciously speak the Divine language. This is the place of Divine authority within our own reality creation.



G18. Limitless (Pale Turquoise/Platinum)

The generosity we saw in G11 turns into flow in its partner, G18, and in that flow we are so connected to the Divine plan that all we can be is generous because all limitation has been removed. We are so completely in the flow that what we need will always be there and we will always be able to share that with others. If we can tap into the generosity of the planet we know she holds the space for everything except negativity and fear. Generosity activates abundance and abundance is limitless faith. Now we can trust the process. These are the colours of the Aquarian age. We can now manifest our reality with ease and grace and elegance. This is the global expression of generosity, beyond separation. We are all limitless, all one.



G19. Om (Platinum/Platinum)

Om is complete oneness with all that exists. This bottle takes us to the next level and we can try and make it grand and big but it really is simply evolution. There is not really a choice anymore. We have signed up for the ride and now we have to take it all the way. I AM is the name of God and when we claim that we become the voice of God and then we speak it into being. This is the clearing of fear-based human DNA and the activation of love-based Divine DNA. This bottle connects us with our angelic DNA and our inter-galactic DNA which are all just aspects of the One.



G20. Abode of Bliss (Platinum/Pale Green)

When we live in grace we find ourselves in the Abode of Bliss and when we live in bliss we are automatically in grace. This delicate green away the old energies of persecution and sibling rivalry, leaving us with an awakening that is completely the newest spring rebirth we can possibly imagine. This is the enlightened heart of humanity and of the planet; each heart connected to each other heart. If we claim our multi-dimensionality and we keep our feet on the earth, we change the earth. We also access all her multi-dimensional qualities and we activate her Divine DNA and her crystalline structure. We can all now take part in this journey. This is the time: the awakening of the new earth.



G21. The Beloved (Platinum/Magenta)

The Language of Light becomes the Language of the Divine. Here we speak with one voice as everything rests on Divine love. The platinum sits on magenta and the language now is the Divine sound of love; held in Divine love, resting on Divine love. All we've been looking for is already here and has always been here and waiting for us to recognise it. The earth is just another expression of Divine love. We already knew that magenta released guilt. Now we cannot remember what the concept of guilt could possibly mean.



G22. Sacred Mystery (Platinum/Olive)

We revisit the number 22, a master number, and now as the Divine female awakens we do not have a number that expresses mastery but rather the ultimate expression of Mystery - beyond mastery into the expression of the female face of the Divine. This is the female face of mastery, giving birth to a new planet. Pale olive married to pale blue; female power married to Divine male in its most enlightened form. God, Goddess, All That Is.

Coral Gaias



G23 Acceptance (Clear/Pale Coral)

The first of the Coral Gaia bottles is clear over coral, mirroring the very first Gaia bottle which was clear over copper. We were looking for clarity in our journey on the planet and beginning to understand that although we were part of the Divine, we were also part of the planet, but we could still look at the planet and the Divine and pretend that all of that was somehow outside of us. Now we are looking at coral which is a colour that takes us into ourselves in the deepest, most intimate way and we are asked to claim every single thing “out there” as an aspect of ourselves; not just in our expanded soul-selves but right into the cells of our physical bodies. The body is where the new spirituality has to be experienced.

This bottle is called ACCEPTANCE. That is the big ask. Can we accept that we, in these strange physical vehicles, are God, Earth and All That Is? That these physical forms are in a very real way God, Spirit, Divine and Universal? Here, we are being asked not to think it but to be it, and to accept fully that we are all that is. With acceptance comes the potential for a fully enlightened state of being in a physical body which is truly the only place we can experience such an event. This bottle reminds us of the state of innocence we all hold within us.

This bottle is supported by the Air Element. The more consciously we breathe, the more we connect with our higher soul self. It is in the air around us and the more we breathe it in the more we expand into the Allness that we are.



G24 Reconnection (Pale Coral/Copper)

This bottle of coral over copper asks us to look at what it is to be physical on a physical planet and to feel that as one thing. If we can be fully in our physical bodies then we can also feel ourselves as part of Gaia and this reconnection helps us back into our bodies. We no longer need to go ‘out there’ to find God. We now look at our faces in the mirror and see our own divinity. We are Christed Humans on a fifth dimensional planet. She has always been that but has held herself in the third dimension waiting for us to catch up – because she loves us. Can you feel the reconnection when you own up to the fact that your Earth Mother has always loved and supported you? This can be a difficult bottle as whatever blocks us from accepting that we are Earth and God and therefore perfect will come up to be looked at and released. Every small part of us that we still think is not perfect will have to be looked at again and every part of God we still believe is guilty of having created a reality that has been painful will have to be re-examined and cleared so that we can be perfect God/humans on a perfect Earth.

The Earth Element helps us to lock that truth into our bodies in a way we have not been able to experience before.



G25 Integration (Pale Coral/Pale Coral)

This is where we take the coral into both the conscious and subconscious parts of ourselves. Here we integrate the two levels of the Christ energy into all the aspects of ourselves. We have been able to intellectually grasp that there is more to us than just the physical but now we fully realise that we are so much more. We are Divine Humans on Earth and all of that is one thing: Divine and Human and Earth, and we are all of that in a physical body. This bottle is here to help us integrate it all. Unconditional love and unconditional joy leads to being a Christed human.

The Elemental essence that supports this bottle is the Fire Element. The fire will remove everything that stops us from acknowledging and integrating all the aspects of ourselves.



G26 Alignment (Pale Coral/ Diamond Clear)

The clear fraction in the bottom of this bottle relates to the Water element and all that we keep in the emotional body. Here we have the complete transparency of everything that we have held in the depths of ourselves. Now we can access it easily with the support of the Water Element. As it clears all our fears of being “just” human and not God, we can find alignment with our true selves and our inner light will be reflected by our Divine light. The key here is to remember that we have always had this light within. This bottle is a perfect mirror of our truth. We are Divine light within a human body and here we realise that what we have seen as human and therefore not Divine is now reflected in the coral as Christed human. We just had to re-member it into perfect alignment.

This bottle helps us bring all our aspects into one cohesive whole. It vertically aligns us, bringing heaven and earth into our bodies so that we no longer see them as something separate from us. It brings left and right, female and male together, and it aligns us horizontally as we connect future and past so that we understand that where we are is the present, and that the past and future are just aspects of the continual now moment. Alignment can happen now on all the axes, turning everything into a sphere of wholeness. Feel the joy.



G27 Unity (Diamond Clear/Diamond Clear)

With the diamond clarity and sparkle of this bottle we get to see ourselves in a mirror that reflects all of who we are - all of our colours, all of our beauty and the vastness of our cosmic connection and Oneness with All That Is. This is the light of Ascension made physical; this is the light body. In a system called Colour Mirrors this bottle is the clearest truest mirror of who we really are and what we are about. We are Divine light condensed into physical form having a human experience. All that we have ever been or ever will be is Divine Perfection. In remembering that, we can finally live our truth that we have never been separate from one another or from Source. Finally we can live in the oneness our spirits have always known. This is the light of Melchizedek, who has been the over-lighting energy of the system since the beginning.

Diamond Unicorn, with its perfect crystalline purity, grace and boundless love, is the perfect partner to this bottle, representing the Ether or spirit element which supports it.

G28 - Turquoise/Silver

New Dawn



As the planet awakens we are now ready to consciously embrace a new era, one of peace and plenty for all upon the earth. Here is the dream we have dreamt since the demise of Atlantis. Now is the time of global shift into a higher vibration. The silver fraction in each Silver Gaia bottle creates a very clear high vibration that will reveal and remove anything of a lower vibration. The turquoise softens and opens the heart and takes us into the energy of Aquarius which is global awareness and a sense of oneness. This bottle shines with crystalline clarity and condenses the light into a brilliant, simple, still point of purity. Here there are no thoughts, no lines, no shadows, no limits and no baggage. Here all our 'stuff' can be dissolved in the frequency of transmutation and allowance. This bottle serves to support those who came in to this lifetime with such a high vibration that they shut down because the energy of third dimensional density was too much to bear. Now is the time to re-awaken so that you can become once again the pure point of light you have always been and take your place in the world as the light-bringer you are.

G29 – Silver /Turquoise

Children of the Light



Here is the silver link to the stars pouring straight into the turquoise of the heart, softening and opening this centre to an ability not just to love personally but also to a sense of oneness with all life. This bottle takes us beyond the need to get caught up in emotion as a means to play out the dramas in our lives. Now we can become an open vessel to allow, feel and express our feelings in the lightest and most genuine way. This soft gentle combination perfectly mirrors the energy of benevolence, warm heartedness and loving kindness that will create peace on the new earth. It is for all the children of the stars who have gifted us with their light so that earth might transcend her lower dimensional frequency and assist humanity to do the same. The silver cord links us to heaven and all the beings we have been and are still to be. The turquoise supports us in accepting all of those aspects of ourselves with total trust and acceptance that it has always been and will always be perfect.

G30 - Indigo/ Silver

Wisdom Keeper



This bottle is the deep starry night sky and the silver moon. It puts us in touch with the awe, mystery and wonder of life and all that we have perceived as unknown. It awakens the wisdom keeper within, activating memories of all that we have known and thought we had forgotten. This is the acknowledgment that we have gone through many initiations to get to this place in our evolution. We are the ones we have been waiting for and now we can totally allow our highest aspect to consciously be the power in our lives. This is the conscious connection with our higher selves in each moment and the activation of a fully realised light body.

G31 – Silver/Indigo

Galactic Gateway



The depth of our subconscious patterning can be brought now into the silver light of consciousness and transformed. This bottle shows us what is our soul truth and where we made up stories to match our emotions. It will bring us back to balanced truth, clearing the stories that hold us stuck in outdated patterns. It is the wisdom and light of the galaxies available to us now. This bottle is a gateway to higher dimensions and the light of the universe so that we might travel out to the stars and bring back their radiant light to our earthly realm. It enables us to create a sanctuary of peace within and to reflect that out to the world.

G32 – Rose Pink/Silver

Garden of Light



Conscious love resting on inner light. This reminds us of the ancient teachings that we brought with us from our star. It is what we came to remember and to teach. This is what we can now be on the planet – pure love and brilliant Divine light. This bottle shows us the joy of being love. It says: “We’ve made it!” It is a celebration of all that we have been and all we have yet to become. It is the garden of light that we planted eons ago, now coming into glorious full bloom.

G33 – Silver/Rose Pink

Tree of Love



Deep in our inner being is the love that is our truest state. Here is the heart that has never been wounded, broken or abused – our true heart that is simply pure unadulterated love. This is the love of Jeshua; love as the foundation of our very being, love as the foundation of the new earth. The clear silver channel links us to all the highest aspects of ourselves and all the dimensions we can access at this time and the love in our depths is able to be shared through this light with every living being in the cosmos. This is how big we really are when we claim this level of love and this level of light. This is mastery.

Angels



Red Angel of Miracles and Prosperity

This essence connects us to the endless possibilities for miracles and prosperity that we hold. We are limitless and this essence reminds us of that. It brings a burst of energy and power to help us with the practical aspects of our lives and reconnects us to our zest for life.



Pink Angel of Love and Partnership

In using this essence, we connect instantly to the part of us that is all love and acknowledges this in others. This angel brings huge love and support when we feel in need and brings harmony to relationships.



Coral Angel of Manifestation and Magic

Coral Angel helps us feel the wonderment of magic in our lives again. She helps us manifest instantly as we feel safe to let go of control and go with the flow. She assists us to stop abuse and bullying, bringing in deep levels of self- acceptance and self-love.



Yellow Angel of Joy and Wisdom

Yellow Angel allows us to let go so that we can follow our inner wisdom and experience joy. This essence opens us to the fun and play of our magical inner child and is good for focus and concentration.



Gold Angel of Ascension

This angel essence is expansive and powerful and balances the solar plexus instantly. It expands and solidifies your energy field and brings it back to its natural state, taking out all interference. It instantly connects you to your I Am-ness. Feel your feet on the ground and your light expanding as you breathe in this essence. It connects you to the new golden earth and it connects you to your Divine self. Here all is one and you are an integral part of all of it. As you expand into that, all fear and confusion leaves and you are clear and powerfully present with what is. When you are this Divine and you claim it, all smallness disappears and everything you see reflects your authentic powerful Divine self.



Green Angel of Healing, Trust and Harmony

In using this scent we create a new space, one that opens us to trust and healing, creating harmony in ourselves and our lives. This angel is fantastic for clearing space and helping us to disconnect from other people's "stuff". It connects us with nature and the plant kingdom and takes us into a place of panoramic awareness.



Blue Angel of Protection and Communication

As we feel this angel's wings envelop us, we feel safe enough to speak our truth. This angel allows us to relinquish control and speak freely. It removes whatever makes us feel separate from Source.



Platinum Angel of Oneness

This angel brings in the highest vibration that we are able to access at this point in our evolution. It escalates our ability to create and generate and brings light into all the dark corners of our emotional bodies. This essence enhances our ability to see clearly and helps us to connect beyond what we perceive with our human senses. It provides easy communication with angels, masters and guides and brings a reconnection to the stars. Our higher selves are jubilant that we have finally taken this step so that they can communicate with us and provide the guidance that we need at this stage, which is so crucial in this next part of our journey towards Ascension. This is the angel of oneness and supports us in clearing all our issues of separation. This angel honours us and thanks us for the opportunity to be of service – with love. Use this essence when you need to express gratitude in your life.



Lilac Angel of Prayer and Forgiveness

This scent brings in the energy of our higher aspects, connecting us to the Divine through prayer and healing through forgiveness. It is our guardian angel, guiding and supporting us in any circumstances and helps us release the past so that we can move on. It is excellent for use in regression therapy.



Clear Angel of Purity, Grace and Clarity

This angel clears and purifies us and our surroundings, bringing us closer to a state of grace. It brings light and clarity into any situation and helps us shift stuck energy.



Archangel Metatron (Deep Magenta)

The Angel of Angels, Metatron overlights the Angelic energies held in the Scent by Angels range. This is the essence of Divine love, for bringing the Divine into everyday experience and releasing judgement. This lightest essence and darkest colour is for bringing truth into the conscious mind so that we might see the light and the dark as one sacred circle. Excellent for bringing light into dark situations and for helping us manage time.

Elementals



Earth – Copper

Instantly grounding and connecting to Gaia and all the Earth elements, this essence helps us feel our heartbeat in tune with the heartbeat of the planet. We are of the earth and all that we create is of the earth too. This essence helps us release judgment around abusing the planet and allows us to see that all is one. Manifestation is truly possible when we ground our spirit. A deep connection with the earth can be deeply reassuring and nurturing. She is always there, a true example of unconditional love. When our bodies feel safe, so our spirits can allow their Divine essence into the world.



Fire (Deep Orange)

Passion for life re-awakened. This essence is about initiation and will connect you to the mindset you need for a fire walk or anything that you need to do where you seriously need to put mind over matter. This will connect you to your magical self that is capable of superhuman achievements. This essence reconnects you with your courage and helps you stand up for yourself. It is about reconnecting with your creative power and letting all that is not essential to the Ascension journey fall away.



Metal (Gold)

This essence connects us with our ability to create magic and alchemy. It helps us to turn dark issues into light and bring the magic back to manifest a reality that works. This essence connects us to our inner power and reminds us that we are connected to the Divine and can therefore claim a Divine reality.



Wood (Olive)

The element of Wood relates to the liver meridian and helps us to deal with issues of unexpressed anger and all negative emotions stored as toxins in the liver. It helps to connect us with our body elemental – the deva or blueprint of our being - and helps bring balance to our relationship with our physical body and our self-image. Wood reconnects us with the power of Mother Nature and the beings who support her.



Water (Deep Turquoise)

ce allows us to connect to the dolphins and whales, those aspects of ourselves that ed in keeping the records and holding the energy for earth since the sinking of Atlantis. It assists us in letting our bodies get that it is safe to feel our feelings and express emotion and helps us release emotional baggage. This is the energy that allows us to feel the joy of existence. It releases our ability to play and have fun – the inner child healed expresses itself through creativity and fun.



Air (Clear)

This essence reconnects us to our stellar origins. It carries the energy of the moon and the cycles and tides. It puts us at peace with the unfolding perfection of what we have created and lifts the energy so that we start to see the bigger picture. Connects to the energy of ancient female wisdom. Use when a problem needs a feminine slant or answer and for any female issues such as menstrual problems. This essence connects us with the breath and opens us to inspiration and trust.

Dragons



Black Dragon

Black Dragon represents death and rebirth. He relates to the phoenix which is always reborn more beautiful and more powerful than before. This dragon reminds you that the journey is an endless series of deaths and births – and that is OK. He is black with silver sparkles, indicating that in the darkness there is always light. His gift is bringing light into the darkness and a reminder that there is a bigger picture. Endings are always beginnings and every step along the way is for our highest good. Black Dragon helps us release our judgements around death and darkness and what we have considered evil.



Copper Dragon

The Copper Dragon is an ancient Chinese dragon holding all of the ancient feminine knowledge of the earth. She glows into your life when you need to be reminded that powerful and female is OK. She knows what she knows and is so firmly rooted in her Divine that she takes away all the doubts you might have about who you really are. She is connected to the energy of the Goddess Quan Yin, who is the goddess of compassion and mercy. Her favourite way to travel was on the back of a dragon. This dragon is very helpful for people who practice Reiki or any form of energy healing. She helps us heal our judgements of the things we find difficult about being on the planet and being human.



Red Dragon

This dragon brings understanding, empathy and compassion into all situations where there has been anger and resentment. His power is huge and he knows that no matter how much blood has been spilled on this earth, the only way it will heal and move forward is through love. Use this essence when your anger feels as if it can never be appeased. Red Dragon brings forgiveness and puts you back in your power again, showing you that you can never fight it right; you can only love it right. This essence clears the etheric body and helps us to align and shift our energies on all levels.



Pink Dragon

This dragon gently shimmers into your life when you need to be reminded that only love exists and that it is time to play and not to be so very serious and adult all the time. She brings love in her wake and laughter. She appeals to little ones of all ages and knows about a happy childhood at any age. She awakens the magical child within each of us with joy, love and laughter. Use this essence when you are feeling sad and down and unloved.



Gold Dragon

This dragon activates power – true raw power that brooks no argument. He can and has moved mountains and he reminds you that you can do the same. He is rich and abundant and wild and he allows you to be that too. Use this essence to activate your ancient wisdom and your ability to see clearly. This dragon helps to clear imbalances of the third eye as gold is the complementary colour of royal blue which relates to the third eye. He helps in letting go of the fear of being psychic and supports you in consciously and magically creating all that you desire. Helps release judgments on what you have perceived to be abuse of power.



Green Dragon

This dragon brings in the new and the spring and all new beginnings. He makes you feel safe when everything is changing and you are overwhelmed with anxiety. His healing love brings peace to our hearts and to the planet. He knows about cycles and seasons and the benefit of change. He holds deep compassion for the planet and humanity who, out of their fear, killed the dragons and forced them into hiding. This is his time. The healing has started now that he has awakened. This energy helps at a deep level to release the judgement of death. We judge and fear death more than anything and so we keep attracting it. With the help of this essence we can get another perspective on it and maybe begin to see it clearly as just another step in our evolution - another new beginning.



Turquoise Dragon

This dragon holds the energy of the new age and is about an opening of the high heart centre. She is female and light and brings air and water together - mind and emotions. She helps us to think with our hearts and to feel with our minds. She is the embodiment of Aquarius and is the one to use when we are ready to go global. She instantly spreads her energy around the planet and brings harmony into all our fear-based projections about the planet as well as our own survival. In Chinese mythology, Quan Yin, the goddess of mercy and compassion, rides on a turquoise dragon, so this essence will also connect us to our ability to carry mercy and compassion into all our life experiences. She feels as if she is a combination of the Copper and Royal Blue Dragons as she has a starry quality but is also very grounded.



Royal Blue Dragon

This dragon's tail is the Milky Way. She is vast and mysterious and holds the knowledge of the stars within her being. She is ancient and wise and remembers your starry incarnations, reminding you of those lifetimes when you knew who you were and had not taken on your human smallness. Feel her shimmery power in your energy field and remember where you came from. This dragon can help you connect with your angelic support. Good for opening the third eye.



White Dragon

This dragon is complementary to the Black Dragon. She holds the same energy of bringing light into darkness and a reminder that night and day have equal value. She relates to the light of the moon and will reflect to you who you really are. She is gentle and wise and brings clarity and lightness into heavy situations and supports the process of grieving. This essence is most helpful when it feels as if the road ahead is too dark to carry on. She brings relief when there seems to be no reason to go on. She is the light at the end of the tunnel. She is the rainbow of hope after difficulties. Love yourself enough to let her in and she will carry you. This dragon gives us the opportunity to stop judging what we see in the mirror.



Diamond Unicorn

Here we have an astonishing burst of light and when we wait for its diamond hardness and crystalline sharpness to hit us, we suddenly find ourselves wrapped in the warmest softest embrace. And then suddenly we get that this level of light never needs to be harsh. It can be so gentle because nothing can threaten it. This is true power and because it senses itself as that it does not need anything hard to describe it.

Traditionally the Unicorn is symbolic of the Christ energy and with this essence we feel that sense of the gentle power that Christ had that could say, “Love your enemy” and “Turn the other cheek”. Why would we need to defend ourselves against anything if our power is this vast?

The Diamond Unicorn connects to pure, true, clarity that is so high that nothing negative can exist in its light and therefore it can be soft and gentle. This essence is most helpful when we need clarity in situations of power struggle. It helps us to see with the clarity and purity of the Christ and know that all aggression is only a response from the part of us that feels small.

Because this essence is so gentle it goes into the places where we generally do not let anything in and so have been able to hide it from ourselves. It allows healing of all the places in ourselves that we have been too scared to face. In the embrace of this gentle essence we can relax and let go and find the true and tender light that has always been hidden within us. This gentle energy is what true power is about. Like a diamond it is indestructible and once we connect with it we can never forget what it is and how easy it is to be this. Try it, you'll like it.



Opalescence (Pale Coral)

Every product in Colour Mirrors has at its basis the intent to reflect or mirror back to us who we really are. As the Earth changes we are experiencing an ongoing expansion of our light and Opalescence shows us the limitless luminosity that enfolds us constantly and of which we are part. This essence with its very accessible energy of sunlight and soft summer roses reflects back to us the multi-levelled light and colour we all hold. We are precious beyond belief and we are vast and universal. Breathe this essence in and connect with the beauty, the blessing, the light and the colours that truly reflect you. With this essence we can connect to the energy of Mary Magdalene who held the female Christ energy to remind us that every moment is already perfect. This essence will help to bring you to a place where every moment can be blessed, accepted, forgiven and loved; to a place where you can be blessed, accepted, forgiven, loved and acknowledged for the vastness of your true self. Allow this essence to soften and release any resistance you are holding within you and step into its soft, warm embrace.



Dolphin (Royal Blue)

Dolphins are gentle, loving, supportive and playful, following their joy and flow at all times. This essence brings joy, fun and play into our lives and can be used to lighten up the energy of any space. It reminds us to live each moment joyfully, opening to the immense love available to us from every living thing. Dolphins are masters of communication and will show us how to communicate beyond the limitations of our senses if we open to receive their messages. They live together in loving union, harmony and oneness, teaching us to do the same. Use this essence to connect with their loving support, wisdom and guidance



Rose Pink

Rose Pink is a deepening of the love in pink. It is a combination of pink and magenta and therefore has the qualities of both Divine love and personal love. It feels as if all the healing rays of love are incorporated in this essence. It takes mothering to a deeper level as well as our self love and our Divine connection. We have found this bottle to be incredibly effective at shifting deep-rooted emotional heart trauma very swiftly.



Indigo

This essence affects the third eye and takes us into the deeper realms of psychic connection. Indigo is calming and centering and connects us with our inner knowing and our inner voice. It is particularly helpful for writers. There is a definite deepening of inspiration and creativity with this bottle and it is helpful in linking us in to the information "out there", the field of knowing and information that we can all access when we need to.

Yeshua

This pale gold essence takes one into a deep connection with the Christ within, in a way that makes the energy of love and light and ascension very real. We are ascending in bodies with 12 strands of our DNA activated so that we can move the planet into the golden age in our fully realised Christed bodies. That is the process we are currently going through and this essence will support our bodies in integrating all the new energies and clear all the old "junk" programs that we have carried until now. This essence takes us deeper into our authentic power and lets every cell know that the only real power on the planet and all the Universe is Love. There truly is nothing else and enlightened living comes from living love in every moment. This is ancient and brand new. We recognize this essence at the deepest levels as it reminds us of everything we have committed to come and be at this time. Love and love and love and that is the process and the journey...